

Professional experience of physical education teachers in Navodaya Vidyalaya of Bhopal region

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■ ABSTRACT

The purpose of the study was to identify the various problems of physical education teachers working in Navodaya Vidyalaya, Bhopal Region. The study was conducted by administering a questionnaire to 40 physical education teachers working in Navodaya Vidyalaya, Bhopal Region. Before administering the questionnaire, the willingness of the physical educators to participate in the study was ascertained by the research scholar. The most common problems faced by physical education teachers in Navodaya Vidyalaya, Bhopal Region were classified under 12 major problems areas. The data furnished in the questionnaire by respondents were analyzed in terms of percentages. Such analysis of each problem was done to find out the degree of occurrence of specific problems and the extent to which it was felt. Majority of physical education teachers stated that the student and physical education teacher ratio in school has been indicated as inappropriate. Consequently most of the physical educators felt that it had made very difficult to teach physical education effectively. And also that play ground for major games, ground men to maintain ground and modified physical education programme were not provided by the schools to physically handicapped students.

■ **Key Words :** Professional experience, Physical education

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Physical education is an integral part of education and education will not be complete without physical education. According to our constitution education is compulsory for all children up to age of fourteen years. However, it is unfortunate that, physical education has not been prescribed as a compulsory subject. Sports and games competitions help to promote the development of desirable social qualities besides high moral and ethical standards. Such programmes also enrich the professional experience of the physical educators, and help them to update their knowledge on games and sports. Physical education over the past century has developed a body of knowledge of its own. The study of physical education not only consists of the application of the disciplines of anatomy, psychology, sociology to the study of physical activity, but also as discipline in its own body of knowledge, rightly utilizes appropriate aspect of these

disciplines. Thus, the current study aims to identify the problems of physical education teachers working in Navodaya Vidyalaya of Bhopal Region.

■ METHODOLOGY

For this study a total of 40 physical education teachers were selected who were working in the Navodaya Vidyalaya, Bhopal Region. A list of physical educators, working in Navodaya Vidyalaya of Bhopal Region was obtained from the records of the office of Bhopal region, as on September, 2011. A letter was sent to all the physical education teachers requesting their consent to participate in the study. The entire 40 physical teacher agreed to co-operate.

■ OBSERVATIONS AND DISCUSSION

A self-made questionnaire was adopted to collect the